

Welcome to the Race for Every Child!

Thank you for supporting the third annual Race for Every Child. The funds raised through this event will help more children benefit from advanced technology, world-class doctors and nurses, and groundbreaking research. By walking or running, you are giving more children a chance for healthy life.

We hope you and your family have a fun morning. Today's schedule and activities are listed on the other side.

Remember, the finish line is just the beginning. Through your support, you are helping Children's National fulfill our commitment to improve the health of our community's children through our hospital, eight outpatient clinics, seven health centers, three mobile units, more than 900 affiliated pediatricians, and the nurses program for the District's school system. Thank you for supporting Children's National and the children and families we serve.

For more information about Children's National, visit www.childrensnational.org.

Share Your Photos

Spread the word about the Race for Every Child by uploading your photos to Facebook, Twitter, and Instagram, using the hashtag **#raceforeverychild**. Follow us on social media for race updates and photos:

 facebook.com/childrensnational

 twitter.com/childrenshealth

 [@childrensnational](https://www.instagram.com/childrensnational)



Donations

Turning in donations

Turn in your offline donations (cash or checks) on Race day. Donation envelopes will be available at all Packet Pick-up locations and at the Drop-off Tent, located on Pennsylvania Avenue on Race day.

There is still time to donate!

Remember, you have until Dec. 31, 2015 to help us reach our fundraising goal of \$1.2 million! Continue to send out your fundraising e-mails, post on social media, and collect offline donations. Remember to include your name with the donations so we can credit your fundraising page! Check donations must be made out to Children's Hospital Foundation and mailed to:

Children's Hospital Foundation
Attention: Race for Every Child
801 Roeder Road, Suite 300
Silver Spring, MD 20910

#RaceForEveryChild #WhyIRun

www.raceforeverychild.org



Race Day Schedule

6:30 AM	First shuttle from hospital departs to Freedom Plaza
7:00 AM	Runner services/packet pick-up opens
7:50 AM	Stage program opens
7:55 AM	On-stage warm-up begins
8:00 AM	Kids' activities open on Freedom Plaza
8:20 AM	Packet pick-up closes
8:45 AM	5K run/walk line at start line
9:30 AM	Awards ceremony
10:15 AM	Kids' Dash starts
12:00 PM	On-site vendors and activities end
1:00 PM	Last shuttle departs Freedom Plaza to hospital



Incentives Tent

If you qualified for an incentive, don't forget to pick it up! Visit the Incentives Tent located on Pennsylvania Avenue. If you are a Champion fundraiser, pick up your incentive in the Champions Tent.

Race Day Activities

Fit Kids Fitness Activities

Agility Obstacle Course
Hula Hoopla
Football Madness
Bean Bag Challenge
Wacky Relays
Hockey Hot Spot
Basketball All Star
Frisbee Golf
Mini Golf Target
Baseball Stars



Great Kids Events

Inflatable Mini Golf
Sports Inflatables
Face Painters
Magician
Food Trucks



Bag Check

Bag check is available in the JW Marriott located along E Street in the Penn. Ave. Terrace on the first floor of the hotel. **All checked items must fit in the clear plastic bag distributed at packet pickup.** Your belongings are checked at your own risk. Unclaimed bags will be returned to the race office and held for 30 days before being donated or discarded.

Children's National Blood Mobile Unit
The Georgetown Saxatones and The New Apocalypse along the Race route
On-stage warm-up by Fit Kids
Sponsor/vendor tents
Superheroes & other mascots
Champions Tent
VIP Tent

Pick up Your #WhyIRun Shoe Tag

In lieu of our #WhyIRun campaign, all participants will receive an exclusive #WhyIRun shoe tag on Race day. Visit the Why I Run tent, located on Pennsylvania Avenue, to pick up your tag. We encourage participants to write their reason for running on the shoe tag, take a photo, and post in on social media with the hashtags #RaceForEveryChild and #WhyIRun.

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